### Pediatric Special Health Care Needs: Internal Pacemakers/Defibrillators

#### All Provider Levels I.

- 1. Follow general patient care guidelines in section A1.
- 2. Establish patient responsiveness.
  - If cervical spine trauma is suspected, manually stabilize the Α. spine.
- 3. Open the airway using a head tilt chin lift if no spinal trauma is suspected, or modified jaw thrust if spinal trauma is suspected.
  - Α. Consider placing an oropharyngeal or nasopharyngeal airway adjunct if the airway cannot be maintained with positioning.
  - B. Suction as necessary.
  - C. If the child has a tracheostomy tube, follow Tracheostomy protocols in section V1 to manage the tracheostomy tube.
- 4. Assess the patient's breathing including rate, auscultation, inspection, effort and adequacy of ventilation as indicated by chest rise.
  - Α. Obtain a pulse oximeter reading.
- 5. If breathing is adequate, place the child in a position of comfort and administer 100% oxygen.
- If no breathing is present, then position the airway and start bag 6. valve ventilations using 100% oxygen.
  - Α. If the child has a tracheostomy tube, follow Tracheostomy protocols in section V1 to manage the tracheostomy tube.

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### Pediatric Special Health Care Needs: Internal Pacemakers/Defibrillators

#### All Provider Levels (continued) I.

7. If airway cannot be maintained, begin ventilations with B-V-M and initiate advanced airway management using a combi-tube.



Note Well: Do not use a combi-tube on a patient younger than 16 years of age or less than 5-feet tall.



**Note Well:** The EMT-I and EMT-P should use ET intubation.

- 8. Check pulse.
  - A. If no pulse is present, begin chest compressions and follow the appropriate algorithm.
  - B. Determine if the child has a pacemaker or a defibrillator.
    - The internal pacemaker can easily be felt near the clavicle, or in the abdomen in younger children.
  - C. If defibrillation or pacing is needed, do not place the defibrillator paddles or pacemaker patches directly over the internal pacemaker or defibrillator generator.
- 9. Assess circulation and perfusion.
- 10. Ask the caregivers for the child's baseline vital signs.
- 11. Call for ALS support.

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# Pediatric Special Health Care Needs: Internal Pacemakers/Defibrillators

#### I. All Provider Levels (continued)

- Obtain a complete medical history for the patient, including a history of the present illness and the past medical history.
   Specifically ask the following questions and document the answers
  - A. For a child with an internal pacemaker:
    - i. What type of heart problem does the child have?
    - ii. What is the child's baseline rhythm and what is his/her baseline or underlying heart rate?
    - iii. What type of pacemaker does the child have?
    - iv. Is the child dependent on the pacemaker?
    - v. When was the pacemaker implanted?



**Note Well:** Pacemakers may only have a 3-5 year battery life

- B. For a child with an internal defibrillator:
  - i. What type of heart problem does the child have?
  - ii. What is the child's baseline rhythm and what is his/her baseline or underlying heart rate?
  - iii. What is the setting for the child's defibrillator or at what heart rate does the defibrillator fire?
  - iv. How many shocks has the child felt?
  - v. Has the child experienced any of the following:
    - a. felt more than 3 shocks in a row
    - b. unusual symptoms after experiencing a shock (such as dizziness, palpitations etc)
    - sensations of dizziness, light headedness, palpitations, etc. for a period of time with out any shocks.
  - vi. When was the defibrillator implanted?



**Note Well:** Defibrillators may only have a 3-5 year battery life

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# Pediatric Special Health Care Needs: Internal Pacemakers/Defibrillators

#### I. All Provider Levels (continued)

- 13. Determine if the cause of the emergency is related to a malfunction of the pacemaker/defibrillator.
- 14. Establish IV access if necessary.



Note Well: BLS Providers cannot start an IV on a patient less

than eight years of age



**Note Well:** An ALS unit must be en route or on scene.



Note Well:

If IV access cannot be readily established and the child is younger than 6 years of age then ALS Providers only may proceed with IO access. If the child is over 6 years of age, then contact Medical Control for IO access.





#### II. Advanced Life Support Providers

- 1. Initiate cardiac monitoring.
  - A. Treat any arrhythmias with the appropriate algorithm.



#### III. Transport Decision

- Contact medical control for additional instructions.
- 2. Bring any of the child's medical charts or medical forms that the caregiver may have, as well as any supplies that the parent may have.

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# Pediatric Special Health Care Needs: Internal Pacemakers/Defibrillators



Note Well: Some caregivers carry a "go bag" for their children

with extra supplies. Ask the parent if they have a "go bag" or similar bag for their child and bring it to the hospital.

3. Initiate transport to the nearest appropriate facility as soon as possible.

#### III. Transport Decision (Continued)

- 4. Perform focused history and detailed physical exam en route to the hospital.
- 5. Reassess at least every 3-5 minutes, more frequently as necessary and possible.



## IV. The Following Options are Available by Medical Control Only

1. IO access for patients greater than 6 years of age.



This protocol was developed and revised by Children's National Medical Center, Center for Prehospital Pediatrics, Division of Emergency Medicine and Trauma Services, Washington, D.C.

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